



## 羊牧之聲

梁熾才

在「新型冠狀病毒」的肆虐之下，香港及澳門教區為抗疫而暫停各堂區聖堂的平日和主日的彌撒。雖然我們對此安排可能有失落感，但相信大家理解教區是項為保護個人免受感染及推廣公益的措施。無機會參加彌撒促使我們更需要祈禱，以保持和上主的聯繫，獲得屬神的支援，來面對疫症的威脅。



## 在全球疫情緊急的情況下 鼓勵家庭誦念玫瑰經

在《新千年代開始》宗座牧函中，我曾鼓勵在俗教友在本堂區團體和信友小組的日常生活中也奉行每日頌禱。同樣地，我也鼓勵他們誦念玫瑰經。這並不是兩者選其一，而是基督信徒默觀中相輔相成的兩條路線。

因此，我要求從事家庭牧靈工作的人員說服家庭誦念玫瑰經。

為替代參與主日彌撒的本份，香港教區敦促我們可採用以下的任何一種方式：

- a. 觀看任何網上直播或重溫的主日彌撒，神領聖體；或
- b. 反省主日彌撒經文、閱讀聖經或誦念玫瑰經。

在此特別鼓勵教友家庭誦念玫瑰經，但這並不排除我們做其他的熱心神功。在此謹引用聖教宗若望保祿二世的《童貞瑪利亞玫瑰經》宗座牧函，有關家庭誦念玫瑰經的懇切教導，鼓勵教友家庭在此非常時期及以後的日子每天誦念玫瑰經。

### 家庭：父母親

41. 玫瑰經是為和平的祈禱，但一向也是家庭和為家庭的祈禱。過去，基督信友家庭特別鍾愛這個祈禱，它當然也增進家庭的和睦共融。我們不能夠使這個珍貴的遺產失散。我們必須善用這個祈禱的方式恢復家庭祈禱，並為家庭祈禱。



同心合意祈禱的家庭，會保持家庭的團結一致。玫瑰經以其悠久的傳統，特別適用作家庭團聚的祈禱。家庭個別成員，正因為定神注目耶穌，也會找回大家重新相顧的能力，以便互相溝通、團結、彼此寬恕，並本著天主聖神所更新的愛的盟約重新出發。

當代家庭，特別是經濟發達社會中的家庭的許多問題，都出於彼此的溝通越來越困難。

家庭成員很難相聚，即使有了難得相聚的時刻，也都被電視機的影像所佔據。重新在家庭誦念玫瑰經，意味著把其他大異其趣的影像、拯救人類的奧蹟的影像，注入日常生活當中，諸如：救贖主的形象，祂的至聖母親的形象。在一起誦念玫瑰經的家庭，多少製造一些納匝肋聖家的氣氛：把耶穌放在中心位置，大家和祂分享喜樂，同擔痛苦，把需要和計劃託付在祂手中，從祂那裡吸取希望和向前走的力量。

(續P.2)

2020年  
4月

聖安多尼堂



堂區通訊

第596期

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# 在全球疫情緊急的情況下 鼓勵家庭誦念玫瑰經

## 子女

42. 把子女的成長道路委託給這項祈禱，這也是美好和會有成果的事。難道玫瑰經不是基督從受孕到死亡，乃至復活享光榮的生命旅程嗎？今天，為身為父母親的人，留意子女生命各階段的成長變得越來越艱鉅。在先進科技、大眾傳播媒體和全球化的社會中，一切都變得如此快速，各代之間的文化差距也越來越大。各式各樣的訊息和難以預料的經驗很快就進入青少年的生活中，對父母親來說，留意子女可能陷入危險，有時就成了焦頭爛額的煩惱。為人父母親的，看到子女面對毒品的引誘、聲色犬馬的縱情、暴力的誘惑、各種虛無主義和絕望的表現而無法自拔時，就經常感受到難熬的失望。



用玫瑰經來為子女祈禱，甚至和子女一起作玫瑰經祈禱，從他們幼年時就教導他們每日要有放下一切，全家同心合意誦念玫瑰經的時刻，這當然不是解決所有問題的途徑，卻是不能低估的精神幫助。有人或許提出異議，認為玫瑰經祈禱不太迎合今天青少年的口味。這樣的異議可能是在強調這種祈禱方式經常沒有受到周詳的準備。其實，除了玫瑰經的基本結構之外，不論在家庭或在團體小組中，為了適合青少年誦念玫瑰經，無不可以採行適當的象徵和實際的方法，協助他們了解和重視這個祈禱。為甚麼不試看看呢？一個熱衷、有創造性、不消極的青年牧靈工作者，在天主的幫助之下，是能夠作些的確有意義的事，各屆世界青年日已經給了我這個信念！我相

信，要是玫瑰經介紹得妥善，青年們必能把它作為自己的祈禱，懷著他們青春的熱情來誦念，讓成年人再次感到驚奇。



讓我們在這威脅全球的疫症災難中，以家庭誦念玫瑰經的方式投奔到聖母進教之佑的保護下，並為全球疫情的緩和及終止，獻上我們的祈禱。

## 支持「天主教四旬期運動」

## Support Catholic Lenten Campaign



## 愛德捐獻 Love Offerings



**溫馨提示：**請各位兄弟姊妹把捐獻，包括現金和支票(抬頭：「天主教四旬期運動」)，於**4月30日前**交給堂區辦事處。



## 鳴謝捐贈《羊牧之聲》

願聖母進教之佑及聖安多尼酬謝你們，  
賜你們身心健康，家庭和睦，主寵日隆。

葉衛熾瑞	\$1000	雷蘇天	\$100	鄭雅蓮	\$100
潘宅	\$200	精叻馬	\$400	男聖體會	\$500
聖安多尼之友會	\$300	曾潔玲	\$100	胡保妹	\$100



# 疫症流行中的聖周安排

按教區3月27日頒布的抗疫牧民措施，堂區繼續暫停公開彌撒。下列是本堂區在聖周的開放時段，供教友作神修、個人祈禱及默想、朝拜聖體及履行神工；及教區直播禮儀的安排。

## 4月5日 聖枝主日(基督苦難主日)



**聖堂開放：**9:30am — 8:00pm

**神修時間：**10:00am, 11:30am (英文) 讀經 — 默想 (神父帶領)

**告解聖事：**9:30am — 10:00am, 11:00am — 11:30am



### 教區直播禮儀

4月4日(主日提前彌撒)：8:00pm

4月5日：9:30am (英文), 11:00am

## 4月9日 聖周四——主的晚餐



**聖堂開放：**7:00am — 5:00pm, 6:30pm — 10:00pm

**神修時間：**4:00pm 讀經 — 默想 (神父帶領)

**朝拜聖體：**6:30pm — 10:00pm

**告解聖事：**8:00am — 8:30am



### 教區直播禮儀

聖油彌撒：11:00am

主的晚餐：6:00pm (英文), 8:00pm

## 4月10日 聖周五——救主受難紀念



**聖堂開放：**7:00am — 2:00pm, 5:00pm — 9:00pm

**神修時間：**8:00pm 讀經 — 默想 (神父帶領) — 朝拜十字架

**告解聖事：**8:00am — 8:30am

### 【註：守大小齋】

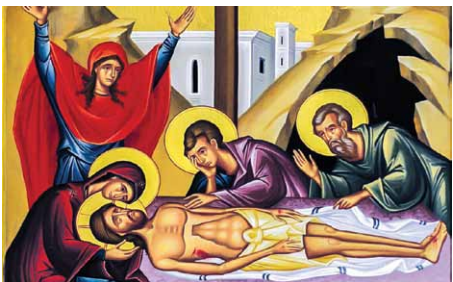


### 教區直播禮儀

苦路善工：9:00am, 10:30am (英文)

救主受難紀念：3:00pm, 6:00pm (英文)

## 4月11日 聖周六——紀念耶穌被埋葬



**聖堂開放：**7:00am — 7:00pm

**神修時間：**6:00pm 讀經 — 默想 (神父帶領)

**告解聖事：**8:00am — 8:30am



### 教區直播逾越節守夜禮

英文禮儀：6:00pm

中文禮儀：8:00pm

## 4月12日 復活主日



**聖堂開放：**9:30am — 8:00pm

**神修時間：**10:00am, 11:30am (英文)

讀經 — 默想 (神父帶領) — 朝拜聖體

**告解聖事：**9:30am — 10:00am, 11:00am — 11:30am



### 教區直播禮儀

英文彌撒：9:30am

中文彌撒：11:00am

**備註：**觀看教區直播

教區網站 [www.catholic.org.hk](http://www.catholic.org.hk)

公教報網站 <https://medium.com/@kungkaopo/2020天主教防疫牧民資訊-公教報-b5735e2cd4ef>



# 抗 疫 牧 民 措 施

面對全球及本港疫情持續惡化的情況，堂區依循教區於3月27日公布的抗疫牧民措施，繼續暫停公開彌撒(婚禮及殯葬禮除外)，直至另行通告。

除了本通訊第三頁的聖周期間資訊，堂區往後在未恢復公開彌撒的牧民安排如下：

(a) 聖堂開放：每天：7:00am — 8:00pm

【特別祈禱意向：疫症早日平息】

(b) 告解時段：(1) 周一、三、五：8:00am — 8:30am

(2) 主日：8:00am — 8:30am

9:30am — 10:00am

11:00am — 11:30am

(3) 教友可個別接觸神父辦「修和聖事」

【註：在目前疫情下，信友如在參與修和聖事上暫時

有障礙，只要誠意渴望領這聖事，並勉力履行祈禱、克己及愛德善工，便可視為滿全悔改皈依的本份。】

(c) 明供聖體：待情況許可下再作安排，稍後公布。

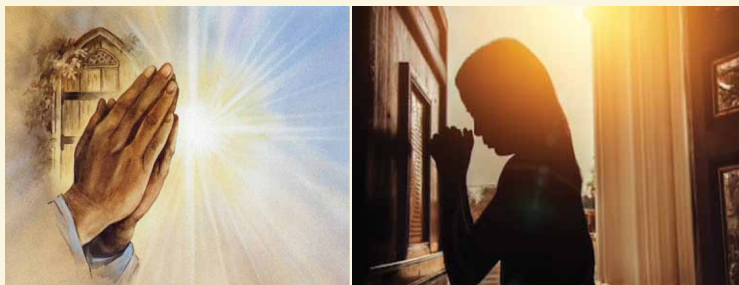
## 教友替代參與主日彌撒的本份

(a) 觀看任何網上直播或重溫的主日彌撒(如教區網站[www.catholic.org.hk](http://www.catholic.org.hk)、公教報網站<http://kkp.org.hk>)及神領聖體；或

(b) 反省主日彌撒經文、閱讀聖經或誦念玫瑰經。

## 鼓勵善用網上服務

例如網上平日彌撒、信仰培育資訊、聖體敬禮及其他神業，如晨禱、玫瑰經、三鐘經等(參見以上網站)。



## 意 國 小 鎮 有 效 防 控 疫 情

梁熾才

在新型冠狀病毒疫症大流行的時期，我們聽到了不少壞消息，以下的一則好消息，多少和我們堂區的主保聖人聖安多尼有關。

聖安多尼在葡萄牙里斯本出生，葡萄牙人認為聖安多尼是葡萄牙人，但聖安多尼是在意大利的帕多瓦(Padua)去世，所以意大利人稱他為帕多瓦的聖安多尼。在帕多瓦有一座宏偉的聖安多尼大殿。

以下是帕多瓦其中一個鎮的好消息。

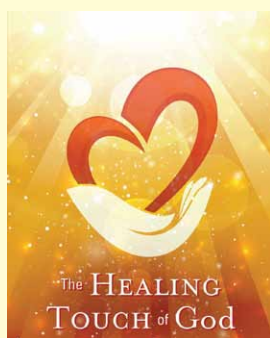


當意大利出現首宗死亡病例後，沃鎮決定全面封鎖禁止所有人進出，運送食物及藥物要獲得批准。沃鎮全部3,300名居民在3月6日開始陸續接受測試。結果顯示，

沃鎮約有3%居民確診，其中大約一半在測試時未有任何症狀。經過兩周嚴格的封鎖及隔離患者措施，沃鎮由3月13日至今已沒有新增病例。在首輪檢測中，沃鎮共有89人被驗出呈陽性反應，在第二輪檢測，確診病例減至6宗。

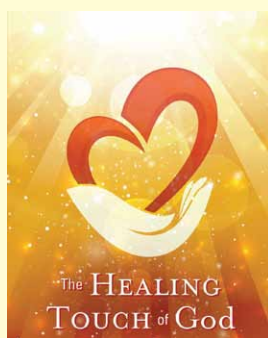
意大利北部是新型冠狀病毒疫情重災區，國內首宗死亡病例來自北部城市帕多瓦(Padua)，但位於帕多瓦的沃鎮(Vo Euganeo)卻能夠獨善其身。南韓二月曾出現大規模爆發，但透過大規模檢驗，現在疫情已相對穩定下來。沃鎮也是靠着大規模檢驗成功控制疫情，在14天內清除了病毒。政治評論員梅維爾(James Melville)在《半島電視台》撰文指，沃鎮大型檢驗的做法值得其他地方參考。在未有疫苗的情況下，這似乎是控制疫情的最有效方法。

帕多瓦大學微生物學教授克里斯塔尼(Andrea Cristani)及意大利衛生研究所傳染病學前總監卡森尼(Antonio Cassone)有份在沃鎮進行檢測，他們表示：「在過去兩周，這項先導研究得出的結果或可讓其他正在抗疫的國家參考。我們3月6日起聯同帕多瓦大學的研究員及紅十字會，在威尼斯附近的沃鎮測試全體超過3,000居民，包括沒有症狀的人士。這讓患者出現症狀前就安排隔離，防止新型冠狀病毒進一步擴散。根據這做法，我們在14天內清除了病毒。」



## 防疫禱文

天主，祢是仁慈的。我們為疫症的傳播，感到憂心難過；求祢幫助病人早日康復，並賜力量給醫護人員。求祢增強我們的信心，並使眾人同心協力，防範並克服疫症。求祢賜我們悔改，汲取教訓，保護生態環境。因主耶穌基督之名，求祢俯聽我們的祈禱。亞孟。







## 教宗帶領特殊祈禱時刻： 「主，我們恐懼害怕，求祢拯救我們」

新冠疫情成為全球大流行後，短短幾周內，染病和死亡人數急遽攀升。許多城市實施嚴厲的限制措施，教會不得不暫停禮儀，包括基督信仰高峰時刻的聖周慶典。羅馬時間3月27日傍晚6點(香港時間3月28日凌晨1點)，教宗方濟各在雨中來到聖伯多祿大殿前求主垂憐飽受痛苦的人類，並邀請天主子民透過直播同聲祈禱。當晚，眾人首先回顧了耶穌平息風浪的事跡(谷4:35-41)，然後聆聽教宗帶領的默想。在靜默祈禱後，信眾朝拜聖體，領受聖體降福。在此機會上，教宗降福羅馬城與全世界；參與信友有機會領受全大赦。

### 教宗當晚默想的講道摘錄

「到了晚上」(參閱：谷4:35)：我們剛聆聽的《福音》是這樣開始的。最近幾周，彷彿黑夜降臨。我們變得恐懼又迷惘。如同《福音》裡的門徒那樣，出人意料之外的狂風暴雨突如其來，令我們措手不及。我們意識到大家同在一艘船上，人人脆弱無力又迷失方向，同時每個人都重要且必要，蒙召一同划槳，必須互相安慰。人人都在這艘船上。就像那些門徒焦慮不安、異口同聲地說：「我們要喪亡了。」(38節)我們也警覺到沒有人能獨自前行，卻必須攜手共進。

我們很容易在這段經文中找到自己的身影，卻難以理解耶穌的態度。正當門徒們很自然地驚慌失措，船快要沉的時刻，耶穌卻在船尾。祂在做什麼呢？儘管環境嘈雜，耶穌卻安穩沉睡，全心信賴天父。

暴風雨揭穿了我們的脆弱，叫人看到我們日常行程、計劃、習慣和優先事項中虛假而膚淺的安全感。它揭露出我們如何麻木對待並拋棄一切滋養、支持，以及把力量注入我們的生活和團體的事物。

「為什麼你們這麼膽怯？你們怎麼還沒有信德呢？」上主，祢向我們提出一項呼籲、信德的呼籲。這並非呼籲相信祢的存在，而是來到祢身邊，信賴祢。在這四旬期內，迴盪著祢的迫切疾呼：「你們悔改吧！」「你們應全心歸向我。」(岳2:12)痛苦是衡量我們各民族真正發展的標準。面對如此苦難，我們發現並體驗到耶穌大司祭的祈禱：「願眾人都合而為一！」(若17:21)多少人每天發揮耐心，傳播希望，小心謹慎地不散播恐慌，而是促進共同責任。多少人為眾人的益處獻上祈禱和轉求。祈禱和默默無聞的服務：這些是我們得勝的武器。

「為什麼你們這麼膽怯？你們怎麼還沒有信德呢？」信德始於明白自己需要救恩。我們無法自給自足；憑藉一己之力，我們必會沉入水中；我們需要上主，祂宛如古代引領航向的星辰。讓我們邀請耶穌來到我們的生命之船，把我們的

恐懼託付給祂，由祂來戰勝恐懼。因為這是天主的威能：祂將我們身上發生的一切，即使是壞事，都變成善的。祂在我們的暴風雨中帶來寧靜，因為與天主同在，絕對不會喪失性命。

上主質問我們，而在我們的暴風雨中，祂邀請我們甦醒並開始團結互助、常懷希望。在一切似乎將要沉船的時刻，團結和希望能帶來堅毅、支持和意義。上主甦醒，是為了喚醒並重燃我們對逾越奧跡的信德。我們擁有一個船錨：在祂的十字架上，我們獲得救恩。我們擁有一個船舵：在祂的十字架上，我們獲得救贖。我們擁有一個盼望：在祂的十字架上，我們獲得痊癒並得到擁抱；如此一來，沒有任何事或任何人能使我們與祂救贖的愛相隔絕。上主從祂的十字架上召叫我們重新找到那等待我們的生命，注視那些向我們發出請求的人，增強、認出並激發在我們內的恩寵。

擁抱耶穌的十字架，意味著找到勇氣擁抱當前的所有逆境，暫時拋下我們對於萬能和掌握的焦慮，好能給唯有聖神才能激發的創意騰出空間。這意味著找到勇氣來開闢空間，讓人人能在其中聽到召叫，並容許好客、友愛和團結的新形式。擁抱上主，方能擁抱希望：這是信德的力量，它使我們擺脫恐懼並帶來希望。



「為什麼你們這麼膽怯？你們怎麼還沒有信德呢？」親愛的弟兄姊妹們，從這個講述伯多祿望若磐石的信德的地方，今夜我渴望把你們大家託付於上主，藉著天主子民之痊、暴風雨中海星聖母的轉禱。從這擁抱羅馬和全世界的廊柱，宛如慰藉人心的擁抱，願天主降福你們。上主，求祢降福世界，恩賜身體康健、心靈安慰。祢要求我們不要害

怕。但我們的信德薄弱，我們恐懼膽怯。而祢，上主，別放任我們在暴風雨中隨波逐流。祢再次說出：「你們不要害怕！」(瑪28:5)而我們與伯多祿一起說：「我們把一切掛慮託給祢，因為祢必關照我們。」(參閱：伯前5:7)

(資料：梵蒂岡新聞網)



# APR 四月 生活靈修

## 生活反省

伯多祿及若望一聽到瑪利亞瑪達肋納告知：「有人從墳墓中把主搬走了」(若20:2)，便趕快跑到墳墓那裡。雖然他們還不明白耶穌必須從死者中復活的那段聖經，但若望因著信德和對耶穌的愛，一看見空墳放著的殮布及捲著的頭巾，就相信主已復活了。而路加福音(路24:12)記載了伯多祿對「空墳事件」所作的反應，當時復活的主還未顯現給宗徒們，而他們亦未領受聖神，他們是處於信仰萌芽期，所以他們的反應是驚訝。直至與復活的主親身相遇，領受了聖神的德能後，才使他們的信仰生活發生巨大改變，走出舒適地帶，勇敢喜樂地為主作見證。

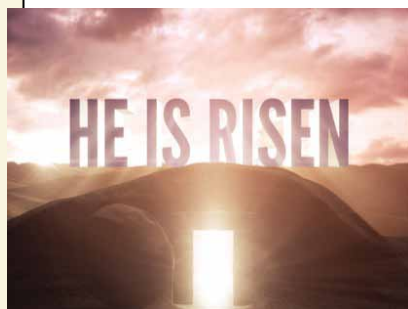
基督的降生、死亡和復活奧蹟，是我們信仰的核心，是基督親自把我們從罪惡奴役中拯救出來，是天主在基督身上實現祂所預許的偉大救世工程，是主無條件白白贈與的恩寵，基督的復活使基督徒的信仰不致落空。生活在二千多年後的信眾，只要我們願意棄絕罪惡成為基督徒，便可藉聖洗聖事死於罪惡，活於基督，更

可透過修和聖事坦誠痛悔自己的罪過，憑藉領受聖體聖事的恩寵與主共融合一。另外，在堅振聖事中所領受的聖神七恩堅固了我們的信德，使我們勇毅地建立「地上的教會」—基督的身體。在我們每天的祈禱生活中，我們可以與主相遇相交。我們除了要懷著感恩的心跟隨主的教導生活外，更應以言以行活出天主創造的肖像。



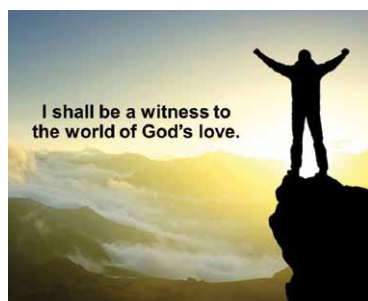
## 聖經金句

這是因為他們還不明白，耶穌必須從死者中復活的那段聖經。(若20:9)



件白白贈與的恩寵，基督的復活使基督徒的信仰不致落空。生活在二千多年後的信眾，只要我們願意棄絕罪惡成為基督徒，便可藉聖洗聖事死於罪惡，活於基督，更

## 祈禱



主基督，感謝祢對世人的大愛，以聖死及復活，賜給我們永恆的生命。求主帶領我們在生活中，不斷擇善棄惡，以相稱於主的教導喜樂地生活，見證基督的愛。亞孟。

(資料：堂區培育組  
聖安多尼之友會供稿)

(continued from P.8)

## Pope's special Urbi et Orbi blessing: 'God turns everything to our good'

### Now is the time of choosing

Really, said Pope Francis, it is Jesus calling out to us to be converted, calling us to faith.

"You are calling on us to seize this time of trial as a time of choosing," he said.

Now is not the time of God's judgement, but of our own: "a time to choose what matters and what passes away, a time to separate what is necessary from what is not."

### Stripped of our self-sufficiency

Pope Francis said faith begins "when we realize we are in need of salvation" and are not self-sufficient.

So God asks us now, in the midst of the tempest, "to reawaken and put into practice that solidarity and hope capable of giving strength, support and meaning to these hours when everything seems to be floundering."

### His cross is our hope

Jesus' cross, said Pope Francis, is the anchor that has saved us, the rudder that has redeemed us, and our hope, because "by His cross we have been healed and embraced so that nothing and no one can separate us from His redeeming love."

"Embracing the Lord in order to embrace hope: that is the strength of faith, which frees us from fear and gives us hope."

### Turning to the Lord

Concluding his meditation, Pope Francis entrusted us all to the Lord, through the intercession of the Blessed Virgin Mary, so that our faith might not waiver in this time of crisis.



"Dear brothers and sisters, from this place that tells of Peter's rock-solid faith, I would like this evening to entrust all of you to the Lord, through the intercession of Mary, Health of the People and Star of the stormy Sea. From this colonnade that embraces Rome and the whole world, may God's blessing come down upon you as a consoling embrace. Lord, may you bless the world, give health to our bodies and comfort our hearts. You ask us not to be afraid. Yet our faith is weak and we are fearful. But you, Lord, will not leave us at the mercy of the storm. Tell us again: 'Do not be afraid' (Mt 28:5). And we, together with Peter, 'cast all our anxieties onto you, for you care about us' (cf. 1Pet 5:7)."

### Pope at Urbi et orbi: Full text of his meditation

<https://www.vaticannews.va/en/pope/news/2020-03/urbi-et-orbi-pope-coronavirus-prayer-blessing.html>

(Source: Vatican News)



# Living Word of God – April 2020

**"If anyone says anything to you, you are to say, 'The Lord needs them.'" (Matthew 21:3)**



## Reflection

Donkey has earned a reputation for stupid and stubborn. They are described in Psalm 32:9 as senseless and bad tempered, in Aesop's fable and in some Chinese proverb as arrogant and overestimate of their own capability. However, in her book "God is Amazing", Sister Maria Ko Ha Fong praises the donkeys as inborn with an optimistic attitude.<sup>(1)</sup> In reality the misunderstanding of the stubborn image is likely because when encountering danger donkeys are frightened and will choose either to freeze or flee. However, after you have built up a good mutual trust with them, you will soon discover that they are reliable, hardworking, friendly and intelligent creatures.

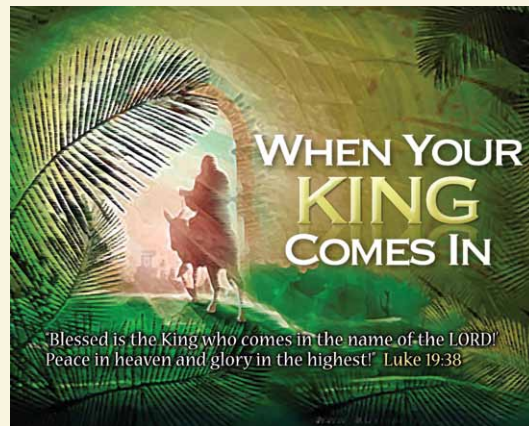
The famous patriarch and celebrity in the Holy Bible are often accompanied by a donkey to assist them in accomplishing their luminary acts. In Genesis 22:1-3 Abraham went up with a donkey to the Mountain of Moriah to face the test of God for offering a holocaust with his only son. In Numbers Ch. 22-23, God made the talking donkey filled with divine vision to serve as His spokesman to signal warning to the Gentile prophet Balaam in order to protect His chosen people. Finally, in Matt 21:13 the donkey of Bethphage, also recorded in all 3 other gospels, was called to become the royal mount of the Messiah for the glorious entry to Jerusalem.

In his earthly life Jesus had very simple wants: bread, water and rest. Jesus was born into a manger, the feast table of animal, as prophesied in the famous verse of the book of Isaiah: "an ox knows its owner, and an ass, its master's manger" (Isa 1:3). It signals the message that the most high Lord Jesus Christ is sensitive to the lowest people's needs. The Messiah did not come riding on spirited warhorses, but chose to ride on the donkey of Bethphage that knows his master. He did not come merely to perform a sacrificial show pretending to save us by suffering and dying on the cross. Instead, through his real presence in human nature, he died a martyr death to redeem us all sinners.

There are two main significance of this donkey story. Firstly, one of God's humblest creatures had been called to serve the highest.<sup>(2)</sup> It is a mark of genuinely low estate to have need of what the great despise. If a very lowly creature can be honored by answering to his call, much more can render him valuable service by common obscure men and women in good faith.

Secondly, by the humble messianic ride Jesus did not only fulfil the prophecy of the book of Zechariah 9:9: "See your king shall come to you; a just saviour is he, meek and riding on an ass, on a colt, the foal of an ass", but also by obeying God's will and live a lowly life Jesus cited a protest against the disobedience, worldliness, vulgar fashion and earthly glory life style of human<sup>(3)</sup>. His choice of a humble donkey for the messianic ride is reflective of his iconic suffering servant image. In our reflection we are reminded to focus on simple needs of our earthly life.

We should not judge from the lofty stature and the appearance of donkeys because God does not see as a mortal who sees the appearance. The Lord looks into the heart. These forsaken creatures now assume for highly honoured role because "The Lord needs them". When this happens the whole multitude of his disciples begin to praise God aloud with joy for all the mighty deeds: Let us join into these praises by proclaiming "Blessed is the king who comes in the name of the Lord. Peace in heaven and glory in the highest" (Luke 19:38).



When it comes to our turn to receive this high calling from Jesus, instead of attending to our own secular interest, should we not empty ourselves and assume a humble servant role to discover what Jesus really wants from us by his command "The Lord needs them"?

## Prayers

Almighty God our Father, in our community we have often come across the paragon of the donkeys who have devoted their whole life working hard for the next generation, living a boring and mechanical life just like our hard-working parents. They raise up their children so that they can be well-educated, live a better life, and have a bright future. Help us to recognize the love and contribution of these wise and self-sacrificed people. Please help us to live a lovable, truthful and righteous life devoted to our faith and do not leave your unreserved love as well as theirs in vain. Amen.

## Reference:

- (1) Maria Ko: God is Amazing 高夏芳修女: 天主真妙 (p1-9), 香港天主教教友總會出版(2003).
- (2) Bible Hubs website accessed on 23 February 2020 at 15:30: [https://biblehubs.com/sermons/auth/adene/the\\_donkey\\_of\\_bethphage.htm](https://biblehubs.com/sermons/auth/adene/the_donkey_of_bethphage.htm)
- (3) ibid.

(Source: Parish Formation Group)



### Holy Father's Prayer Intention for April

### 四月份教宗祈禱意向

#### Freedom from Addiction

We pray that those suffering from addiction may be helped and accompanied.

#### 為戒除成癮

願那些因上癮而受苦的人能得到妥善的協助和陪伴。







# Shepherd Flock's Dialogue April 2020



## Chancery Notice: Temporary Suspension of Public Masses

### Parish arrangements:

#### ● Opening Hours of the Church before the Holy Week:

- (a) 7:00am – 8:00pm daily / (b) 7:00am – 9:00pm on Friday  
For personal prayers, visits to the Blessed Sacrament, perform Way of the Cross individually  
[Special Intention: Containment of Coronavirus as soon as possible]

#### ● Sacrament of Reconciliation:

- (a) 8:00am – 8:30am on Monday, Wednesday, Friday  
(b) 8:00am – 8:30am; 9:30am – 10:00am; 11:00am – 11:30am on Sunday  
(c) Personal arrangements with priests

### Online Mass & Services:

- **Daily and Sunday Masses participation** through the diocesan website [www.catholic.org.hk](http://www.catholic.org.hk) and the facebook link of Sunday Examiner <https://www.facebook.com/Sunday-Examiner-609821205700415/>, and receive Holy Communion spiritually.
- Visits to the aforementioned websites for works of penance and piety, and spiritual exercises, such as daily morning prayer, Rosary and Angelus.

### Holy Week arrangements & Online Service (via diocesan website):

#### ● Opening Hours of the Church:

- (a) **5 April (Palm Sunday):** 9:30am – 8:00pm  
Penance: 9:30am – 10:00am; 11:00am – 11:30am  
Scriptural Reflection: 11:30am (guided by priest)  
Online English Mass: 9:30am
- (b) **9 April (Maundy Thursday):** 7:00am – 5:00pm; 6:30pm – 10:00pm  
Penance: 8:00am – 8:30am  
Online English Mass: 6:00pm
- (c) **10 April (Good Friday):** 7:00am – 2:00pm; 5:00pm – 9:00pm  
Penance: 8:00am – 8:30am  
Online Way of the Cross: 10:30am  
Online English Liturgy: 6:00pm
- (d) **11 April (Holy Saturday):** 7:00am – 7:00pm  
Penance: 8:00am – 8:30am  
Online English Celebration: 6:00pm
- (e) **12 April (Easter Sunday):** 9:30am – 8:00pm  
Penance: 9:30am – 10:00am; 11:00am – 11:30am  
Scriptural Reflection: 11:30am (guided by priest)  
Online English Mass: 9:30am

## Pope's special Urbi et Orbi blessing:

# 'God turns everything to our good'

Pope Francis delivers an extraordinary blessing "To the City and to the World" on Friday, 27 March 2020, to pray for an end to the Covid-19 coronavirus pandemic. In his meditation, the Pope reflects on Jesus' words to His disciples: "Why are you afraid? Have you no faith?" (Mark 4:40)



Pope Francis held the special Urbi et Orbi on Friday from the steps of St. Peter's Basilica.

Usually a colorful event reserved only for Christmas Day and Easter Sunday, this extraordinary blessing was held in keeping with the gravity of the current global situation, as more than half of the world's population is confined to their homes to prevent the spread of Covid-19.

### Symbols of faith

He prayed for the world at this critical juncture in the presence of two images that have accompanied the people of Rome for centuries: the ancient icon of Mary Salus Populi Romani – usually housed in the Basilica of St. Mary Major – and the miraculous crucifix kept in the church of San Marcello on the city's Via del Corso.

Most importantly, the Pope exposed the Blessed Sacrament for adoration and imparted his Apostolic Blessing, offering everyone the opportunity to receive a plenary indulgence.

### Evening meditation

But first, Pope Francis offered a meditation on the crisis facing the world, reflecting on a passage from the Gospel of Mark (4:35-41) about calming of the storm by Jesus.

"For weeks now it has been evening," said the Pope. "Thick darkness has gathered over our squares, our streets and our cities; it has taken over our lives, filling everything with a deafening silence and a distressing void, that stops everything as it passes by; we feel it in the air, we notice it in people's gestures, their glances give them away."

In this situation, he said, we feel afraid and lost, like the disciples whose boat was in danger of sinking while Jesus slept at the stern.



### All in the same boat

The Covid-19 pandemic has reminded us that we are all on the same boat, said Pope Francis, and so we call out to Jesus. The disciples ask Him, "Teacher, do you not care if we perish?"

The Pope said these words would have shaken Jesus, "because He, more than anyone, cares about us."

### "Why are you afraid? Have you no faith?"

Pope Francis then picked up the thread of Jesus' question: "Why are you afraid? Have you no faith?"

He said we have all gone ahead "at breakneck speed", ignoring the wars, injustice, and cries of the poor and our ailing planet. "We carried on regardless, thinking we would stay healthy in a world that was sick."

In our stormy sea, we now cry out: "Wake up, Lord!"

(continued on P.6)