



羊牧之聲

聖家節談家庭

梁熾才

聖誕節後第一個主日，普世教會慶祝聖家節。本期《羊牧之聲》也趁在新春首主日出版。中國人的新年，也是一個家庭氣氛濃厚的節日。無論在聖家節或農曆年的首主日，我們都為家庭祈禱。我們都想未來一年家家平安順遂，也許我們以為，我們恭敬天主、盡教友的本份，無非是為使我們的家庭生活平安順遂。有這樣的想法原是很自然的，但藉著聖家節讀經的啟發，我們還應有其他更須關心的事。

耶穌、瑪利亞、若瑟組成的聖家，是一個最受上主祝福的家庭，但我們看到聖家亦免不了有它的困難和考驗，可能，比我們每人的家庭所遭遇到的更大呢！

聖家節彌撒的福音記載，黑落德王由於懼怕新生的君王威脅自己的王位，殘暴的黑落德下令將白冷及其附近地方兩歲以下的嬰孩殺死，想徹底消除這個對他王位的威脅。若瑟得到天使的報訊，要他帶著嬰孩和他的母親逃難到埃及去。埃及在四百哩外，事出又這麼突然，沒時間作什麼準備。去到埃及後，人地生疏，言語不通，如何生活呢？這都是若瑟和瑪利亞須面對的問題。

我們看到，若瑟敏捷地回應主旨，聖家星夜出發到埃及去。聖保祿宗徒說：「對於那些愛天主的人……天主使萬事都協助他們獲得益處。」(羅8:28)聖家逃難到埃及，為他們帶來什麼益處呢？其中之一是聖家參與了人世間家庭的困難和考驗，他們更明白和更願意幫助一總承行主旨的家庭。

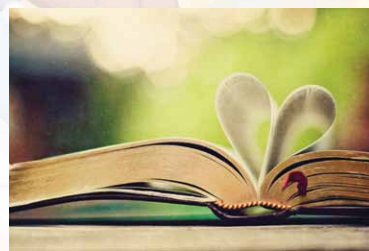
另外一個益處是，使天主的計劃增添一份新意。天主



在古時藉梅瑟拯救了在埃及的以色列民，而現在藉聖家到埃及去，之後，從埃及回來。這象徵耶穌是新梅瑟，不僅帶給以色列人，還帶給全人類天主的救恩。這是一個新的出谷紀，主耶穌基督從罪惡為奴之家，帶領我們進入天主的國度。

第二篇讀經聖保祿宗徒勸勉我們，我們的家庭應以耶穌基督為中心，勤行祈禱和讀經：「要讓基督的話充分地存在你們內……以聖詠、詩詞和屬神的歌曲，在你們心中，懷著感恩之情，歌頌天主。」(哥3:16)他又勸勉我們要使家庭成為修德的園地：「穿上憐憫的心腸、仁慈、謙卑、良善和含忍……要彼此擔待，互相寬恕。」(哥3:12,13)每個家庭需要一位成員帶頭實踐這些美德，以感染其他成員。

聖保祿宗徒還給妻子、丈夫和子女以下的忠告。今日我們的家庭會有這樣的現象，妻子管理所有的家務，丈夫在家中的角色不明顯，做妻子的要讓丈夫負起他的職責來管理家庭，聖保祿叫妻子聽從丈夫。做丈夫的不要只將自己的注意力集中在自己喜好的事物上，對任勞任怨的妻子下聞不問，又或要妻子做這樣、做那樣，為此聖保祿叫丈夫愛他們的太太，不要苦待她們。做子女的不要只專注他們的手機或消閒節目，當父母不存在。聖保祿勸勉他們要聽從父母；做父母的，不要使子女避開他們。



2020年
2月

聖安多尼堂



堂區通訊

第594期

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二零二零年一月份牧民議會 議決事項

1. **2020年牧民方向**：(a)「在聖言內建設信仰團體，與青年同行」；(b)「促進共融，促進福傳」；(c)「增強款待、合作、公教文化」。
2. 成立四個**專項事務小組**，由議員作核心成員，包括：(a)青少年工作發展小組；(b)福傳事工小組；(c)款待及公關小組；(d)維護及環境小組。
3. 延續推行「**神聖閱讀**」及宣傳「**培育靈修活動**」，讓天主的話滋潤信仰生活。請閱覽第3、5-7及14頁的資訊。
4. 持續舉行「**樂融融飯局**」及推展**堂區愛心服務**，增加善會和教友的參與感。
5. 進行堂區活動回顧，深入交流有關未來具帶動性、可持續性的項目計劃。
6. 跟進堂區Facebook重整及網頁版面調整，促進傳達堂區資訊。

二零二零年二月份動態 堂區禮儀活動

2nd (周日)	獻主節	16th (周日)	常年期第六主日	26th (周三)	聖灰禮儀日(守大小齋) 四旬期開始 彌撒中施放聖灰 上午七時十分，七時四十五分 晚上八時 (下午六時彌撒取消)
7th (周五)	首瞻禮六 恭敬耶穌聖心 晚上八時	19th (周三)	三三追思亡者 下午六時		
9th (周日)	常年期第五主日	23rd (周日)	常年期第七主日		
敬禮聖安多尼 逢周二 晚上六時彌撒				明供聖體 逢周四 晚上七時	
誦唸「向聖若望鮑思高禱文」 每月最後一天的各台彌撒後		「習練善終」祈禱 每月逢首周一的各台彌撒後		「進教之佑聖母降福」經文 每月廿四日的各台彌撒結束前	

鳴謝捐贈《羊牧之聲》

願聖母進教之佑及聖安多尼酬謝你們，
賜你們身心健康，家庭和睦，主寵日隆。

葉衛熾瑞	\$1000	精叻馬	\$200
潘宅	\$200	胡保妹	\$100
太極福傳會	\$500	王冠龍	\$100
龐蔣靜儀	\$100	太極福傳會	\$500
聖安多尼之友會	\$300	潘德熹	\$200
曾潔玲	\$100	潘德謙	\$200
鄭雅蓮	\$100		



新年快樂 主內蒙福



願恩寵之源的聖父，以祂的慈愛降福你們，恩賜你們整年平安。願祂賜予你們堅強的信德，持久的望德，堅貞的愛德。願祂恩賜你們生活愉快，工作順利，並自高天俯允你們的祈禱。

堂區大家庭 新春團拜聯歡



日期：2月2日 (主日/正月初九)

時間：9:30am — 12:30pm

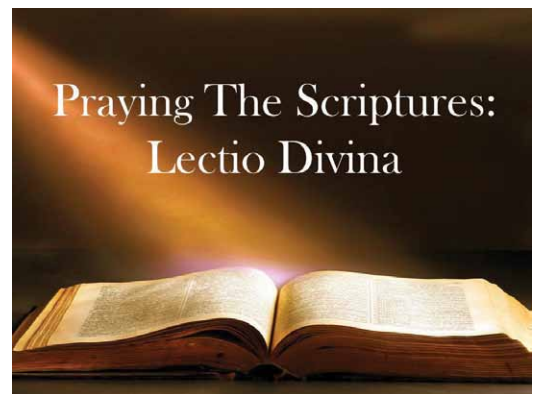
地點：馮強禮堂

節目：醒獅匯演、賀年歌曲、美食、攤位遊戲、

李神父寫揮春、香醇咖啡、開心拍照

歡迎教友 / 善會捐獻或贊助食物

每月「神聖閱讀」 與主談話 領受恩寵



日期：2月5日 (周三)

時間：8:00 — 9:15pm

地點：傳信室

【邀請：善會成員、教友參與】

* 一同閱讀、默想、分享聖經 *

鳴謝捐獻支持

國際慈幼/鮑思高慈善協會

2019年：\$92,248

宗座事業/普世教會

2019年：\$126,070

教友總會製作利是封及揮春

1月11-19日：\$7,483

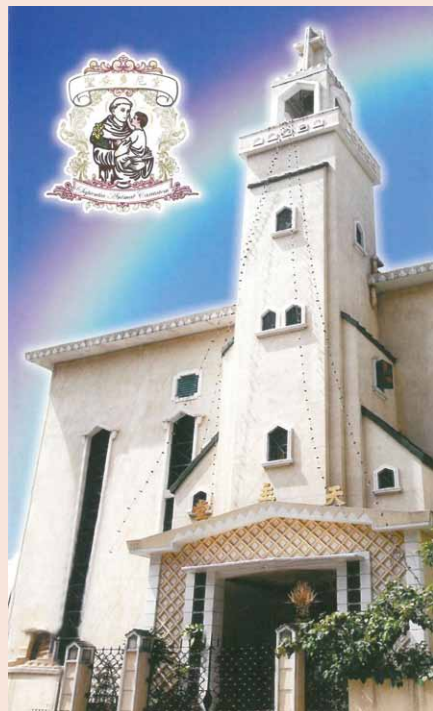


2月1-2日 第二次募集捐款

支持教友總會工作

- 傳揚福音
- 教友培育
- 其他項目





**呼籲：
支持聖堂
第二期維修工程**

Thanks a lot

- 初步預算：
\$10,000,000
(包括計劃安裝
升降機)

- 2019年4月至
2020年1月中
旬維修籌款額：\$7,036,323
- 第一期維修工程支出：
約 \$5,600,000



捐款者約300張「祈禱祝願
咭」現存於特設的籃子內，擺
放在祭台前。至今籌款運動記
錄：

登記捐款人次：682
瓦片留名：92



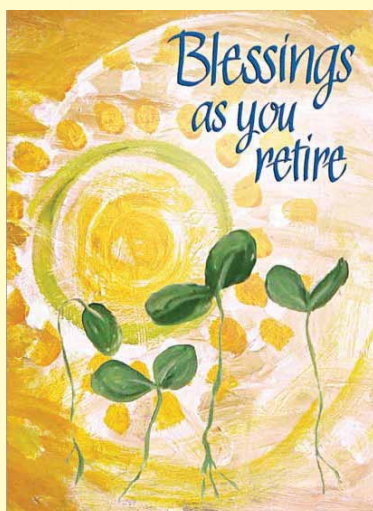
**「2019耶穌出巡」
福傳紀念禮品
A4膠套及環保袋**

一套\$20
歡迎自由捐獻

【查詢／購買】
堂區辦事處



**恭賀鈴姐榮休
天主祝福串串**



任職堂區祭衣房管理員：
1995年5月 — 2019年12月



黃家輝神父：2月12日
劉戡雄神父：2月16日

二月生活靈修

FEB



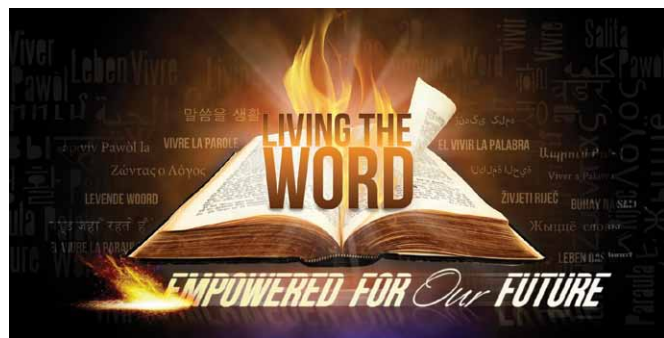
生活反省

鹽若失了味，它再毫無用途。燈若放在斗底下，不能照耀屋內的人。我們基督徒若不修愛德，不履行正

義，怎能善盡基督徒的責任，怎能與天主同在？

如果我們遵守耶穌的命令，依照祂的話生活行動，天主的愛在我們內便得以圓滿。(參閱：若一2:5)

所以我們在每天生活行動中，務要使遇到的每一個人都感受到愛，而不能讓他們有受苦的感覺。



祈禱

上主，求祢恩賜我們能遵守祢的教導，追隨祢的話而生活行動，使我們遇到的每一個人都因得到愛而感謝讚美天主。

(資料：堂區培育組)

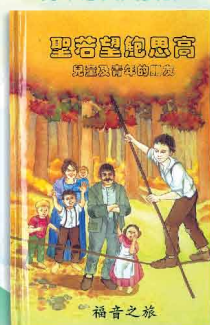
雷鳴道主教和高惠黎神父

良友之聲出版社
Since 1953 VOX AMICA PRESS

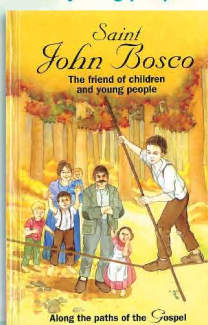
殉道90周年暨宣聖20周年紀念

福音之旅系列 六位慈幼家庭聖人兒童圖書集齊出版！

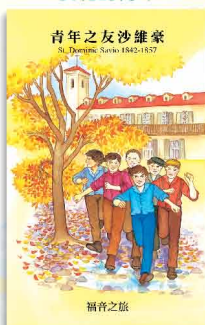
鮑思高
青年慈父與良師



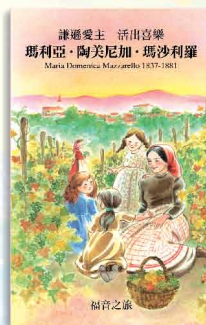
Saint John Bosco
The friend of children
and young people



沙維豪
模範的青年



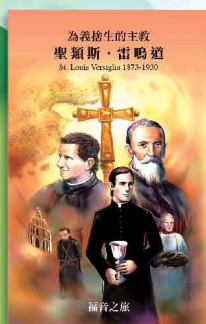
瑪沙利羅
謙遜愛主的聖女



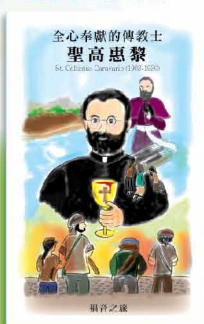
隨每一優惠套裝，均送上：「聖雷鳴道及聖高惠黎銀色聖牌」及「善牧為羊捨生」書籍乙套。

支持福傳教育及出版工作，並通過閱讀，牧養孩子。

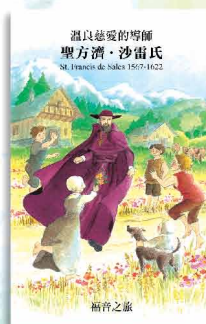
雷鳴道
為義捨生的傳教士



高惠黎
全心奉獻的傳教士



沙雷氏
溫良慈愛的聖師



本堂區有售，請到聖物部查詢。

優惠價每套

\$280

得到永生神糧的瑪納，也會得到如天國盛饌入場券的刻有新名號的白石。

致提雅提辣教會(提城)書

那眼睛如火焰，雙腳如光銅的天主子是耶穌。祂讚揚提城信友有愛德和信德，樂意服務窮人，非常堅忍，也會愈做愈好。

可是錯在容許如依則貝耳一樣，拜邪神，與外族通婚，帶領子女離開天主，投向外邦邪神。如果這些人不悔改，將會被投於疾病和重大的困苦中。其餘沒有這樣行惡的，應該堅持已有的，直至基督到來，勝利的，並堅持到底的，基督必賜他們治理萬民的權柄。

致撒爾德教會(撒城)書

那持有天主七神和七顆星的是耶穌。祂指出撒城信友有生活之名，其實是死的，在天主面前沒有一樣是齊全的。所以他們應儆醒，回想他們當初是怎樣接受天主的道。否則耶穌會迅速臨於他們。

在撒城也有些沒有玷污自己衣服的，他們必與耶穌同行，他們的名字必載在生命冊上。



致非拉德非雅教會(非城)書

那聖潔而真實，掌有達味鑰匙，開了無人能關，關了無人能開的是耶穌。祂為非城信友大開傳福音的門，雖然非城信友力量微小，但因遵守了天主的話和在人前承認了耶穌，得到了天主的力量成功地去福傳。耶穌也給其中跌倒的人機會悔改，以得罪赦。

耶穌也要在那將臨於全世界的試探中保全非城信友，他們應堅持所有美好的。勝利的，耶穌要賜他們成為天主殿宇的柱子，擁有主賜的榮耀，他們身上要有耶穌和新耶路撒冷的名號。

致勞狄刻雅教會(勞城)書

那做『阿們』，忠信而真實見證，天主創造萬物根源的是耶穌。祂指摘勞城信友不熱心，不冷也不熱，本來有的德行也因繁華的生活，物質的追求，而漸漸失去，忘記了天主。耶穌說這樣你們是可憐的，貧窮的，瞎眼的，赤身裸體的。

耶穌說祂要譴責及管教祂所疼愛的人，勞城信友應當發奮熱心，痛悔改過，誰聽見我的聲音敲門而給我開門，我會同他坐席。勝利的，我會進入他的心中，讓他在我的寶座上

坐席，讓他分享我的體血和光榮，如同我得勝了，同我父坐在祂的寶座上一樣。



總結

七個收到宗徒書信的教會都經歷了逆境，遭遇不同的困難，現今全世界的教會都或多或少遇上這些困難。例如：

- (1) 厄弗所信友最大欠缺是放棄了初心——愛心。沒有愛心，只談公義是危險的。聖多瑪斯說正義只是愛心的起點，沒有愛心的正義使社會成為殘酷，只有愛心沒有正義便成為縱容。
- (2) 斯米納信友因堅信而受迫害。他們要受試探，要盡力保持信仰，勝利的會得到生的華冠，不會下地獄。
- (3) 培爾加摩信友太容忍人參加外教禮儀崇拜，使人跌倒。他們應及早悔改。
- (4) 提雅提辣信友本來有愛德，信德，服務，堅忍，但在一些道理上錯了，跟了依則貝耳去拜邪神，行淫，違反了天主教會的信念。
- (5) 撒爾德信友是有名無實的教友，他們著重服務，是工作狂，少參與靈修，信仰難進步。當遇到逆境，容易失去信仰。
- (6) 非拉德非雅信友能力雖小，卻遵守了耶穌的話，沒有否認耶穌。凡堅持信德的人，天主會賜給力量，超過你的能力。非城信友依靠天主，可以成就永生。
- (7) 勞狄刻雅信友不冷不熱，沒有作為，其實並不是不犯罪便必定有救恩，應積極追隨耶穌的教導，才有救恩。

認識了這七個教會的狀況後，重要的是要自我檢討，看看自己有沒有他們的情況，如果有，我們便要小心去面對困難，改正這些缺點，以保持信仰。而默示錄的第2-3章其實是

第4-21章的總結，明白了這兩章會使我們更容易理解以後的章節。





為天主聖言作證 《默示錄》精要反省

堂區培育組在2019年尾舉行了由Dominic Tam兄弟作最後兩次主講的每月聖言聚會，而11月和12月的主題為《默示錄2-3章》。作者聖若望宗徒(宗徒)受耶穌基督的啟示，把必須快要發生的事，公諸教會。宗徒便致書給亞細亞的七個教會，為天主的話和耶穌作證，把在帕特摩島上所見的記載在信上，那誦讀和聽了這預言而又遵行的，是有福的。

七封書信結構相同

每一封書信都有以下的結構：

- (1) 指出誰命令宗徒寫信；
- (2) 顯示收信教會的美德；
- (3) 警告這教會的錯處；
- (4) 最後作出一個匯報，改正和做得好的會得到天主的好報酬。

書信的內容

致厄弗所教會(厄城)書

那右手握著七顆星，在那七盞金燈臺中行走的是耶穌。祂說祂知道厄城信友有堅忍，暗示遇到逆境、迫害，仍能堅持信仰。為此他們更要堅持望德，與罪惡不妥協，分清是非，不要與假宗徒妥協。耶穌警告他們因為知道他們失去了



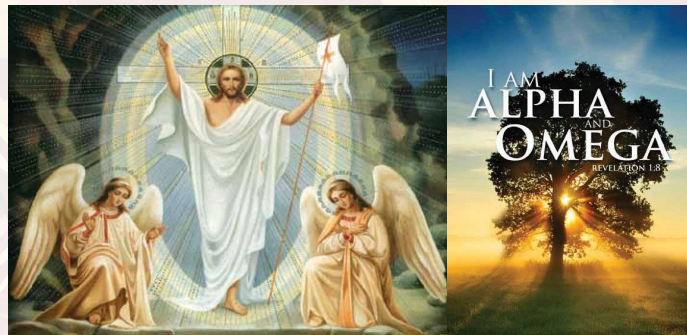
當初的愛心，需要早日皈依悔改。多關懷他人，不要放棄信仰。

耶穌呼籲厄城信友要省察，找出跌倒的原因，

要悔改，成功的可以吃到生命樹的果實。

致斯米納教會(斯城)書

那身為元始和終末，死過而復生的是耶穌。祂說斯城信友困苦和貧窮，其實是富足的。他們拒絕拜羅馬皇帝，因此受迫害，這也是他們滿溢天主恩寵的明證，所以他們是富足的。因此他們有能力要受一段短時間的考驗，如果能堅忍忠信，最終勝利的必能得到生命的華冠，不會下地獄。



致培爾加摩教會(培城)書

那持有雙刃利劍的是耶穌。祂說培城信友住在魔鬼的罪惡城，也讚揚他們在安提帕忠於信仰受火刑時堅持了對主的信仰。

可是有些培城信友錯在吃祭肉、行邪淫，與外族通婚，一如從前巴郎為以色列子民安放了絆腳石一樣。所以培城信友應悔改，不然耶穌會迅速以祂口中的利劍攻擊他們，勝利的會



「實踐、信仰、青年年」

多姿采

66周年堂慶： 新一屆牧民議會就職

6月8日(聖安多尼瞻禮)，堂區大家庭恭請夏志誠輔理主教蒞臨主禮主保瞻禮感恩祭，包含四個特別元素：(1)主持聖安多尼之



友入會儀式；(2)祝福「聖安多尼麵包」；(3)為69人施行堅振聖事；(4)為44位學童主持初領聖體禮。晚上假香港仔宴會廳筵開25席，堂慶晚宴中舉行新一屆牧民議會(21位成員)就職禮。衷心感謝天主66年的眷愛、帶領和祝福！

愛心服務：探訪獨居長者、樂融融飯局

堂區愛心服務小組與西環明愛合作，每月定期探訪西環邨獨居長者及住宿護老院者，也提供愛德服務，例如協助清潔家居、帶長者出外飲茶等。為引領2020年候洗者投入堂區生活，我們安排慕道學員於9-11月參加愛心服務小組的探訪活動。12月1日，堂區和西環明愛合辦首次「樂融融飯局」，招待了60位街坊，他們來自區內劏房戶，獨居人士及



慶祝院朋友。活動目的是希望在堂區營造一個家的感覺給區內有需要的人士，讓他們可走出狹窄的居所，認識更多朋友，亦可認識天主教信仰。



玫瑰聖母月：串連玫瑰經

堂區2019年10月的「聖母玫瑰月」敬禮活動包含三方面：(1)「串連玫瑰經」一共集結了327個跨越堂區和連結海外地方(佔逾40%)的小組，天天有1,635位兄弟姊妹(當中包括50個菲律賓籍及英語小組)連結一起唸經祈禱，總共奉獻了20,274串，即101,370端玫瑰經給聖母。(2)四周共24台主日彌撒中帶領教友們串唸玫瑰經，而全月大家專注為「香港社會重建和諧共融」祈禱。(3)結束聖母月慶典於10月27日舉行，包括在聖堂向「聖母像」獻花、舉行隆重感恩祭、奉獻「神花咭」、家庭交還聖母像以完結為期5個月的「聖母家訪」活動，及領受「聖母回音」。



傳送信望愛：第16屆「耶穌出巡愛西環」

12月8日(將臨期第2主日)，堂區舉行第16屆「耶穌出巡愛西環」福傳活動，並特意租用了一輛開篷雙層巴士在街上與居民接觸，向途人傳播愛的福音，主題是「追求真理，力行仁愛」。鑑於目前香港的形勢不穩定，堂區議會決定改變活動形式，以開篷巴士帶同耶穌聖心畫像出巡，代替聖體出遊。是次活動集中前往皇后大道西近和合街，及堅尼地城地鐵站旁的科士街，作一個半小時的福傳行動。除了神長及工作團隊外，約90堂區教友及85位慕道班和堅振班學員參與街頭福傳，並有歌詠團唱聖詩，增添氣氛。整個「耶穌出巡愛西環」福傳活動收到問卷175份，數字相



當理想。堂區綜合問卷的分析結果後，將作有系統跟進。

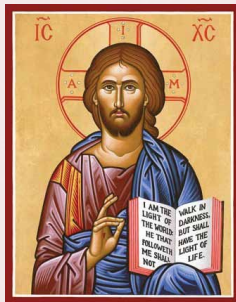


2019己亥年：

堂區感恩回顧

多元化培育：聖言、退省講座、祈禱靈修

堂區培育組於2019年舉辦「每月聖言聚會」，由資深講者Dominic Tam主講不同主題，包括再看猶太人的逾越節、《雅各伯書》、《得撒洛尼前書》、《得撒洛尼後書》及《默示錄2-3章》，幫助教友與聖言建立更密切的關係。逢每月首星期三晚上，堂區舉行「神聖閱讀」聚會，歡迎善會成員及教友一同在虔敬的氛圍下閱讀、默想、分享聖經。於3月和4月，我們舉辦了四旬期培育講座及聖周五退省。堂區與恆朝運動合辦「聖體文化～恩澤香江」屬靈活動，6月29日在本堂舉行啟動徹夜明供聖體。當天下午有聖體文化講座、彌撒、家庭聖體醫治祈禱、敬拜讚美、小型聖體出遊及降福。配合教宗宣布10月為特殊傳教月，堂區於10月18至29日舉辦「希臘朝聖～尋找聖保祿的足跡」。



青少年事工：集思分享、與青年同行

配合教區「青年年」，堂區於3月30日舉辦分享會，由張嘉兒姊妹及陳楚渠兄弟作講者，推介及借鑒《重建天主教青年事工》(良友之聲出版社發行)的堂區青年牧民實用策略，集思廣益，大家攜手合作推行青年牧民工作。梁熾才神父成立核心小組，關注促進青少年的成長及信仰培育，並需要特別跟進在本堂區領堅振而又屬本堂區的青少年。7月20日及8月24日舉行兩次「青年年起步跑」活動，為日後展開「堅振後班」作準備。



外展福傳：「尋羊」活動

耶穌說：「你們往普天下去，向一切受造物宣傳福音」(谷16:15)。堂區「尋羊」活動於7月7日早上舉行開幕派遣禮，由90多位善會代表及慕道者組成福傳隊伍，準備了3,000份禮物包，走出聖堂向西環街坊散播福音種子，回應耶穌的呼籲：「我還有別的羊，還不屬於這一棧，我也該把他們引來……」(若10:16)。福傳隊作耶穌的尋羊助手，分成四隊到寶翠園、山道、



創業中心的港鐵站出口及市政局街市派福傳禮品。在整個7月的各台主日彌撒後，我們堂區大家庭同心合意誦唸「尋求新羊禱文」，祈求聖神帶領本堂的福傳行動結出美好成果！

喜迎新生：復活節舉行「入門聖事」

經過充實的慕道期，84位兄弟姊妹於4月20至21日(聖周六及復活主日)領受重生聖事，加入堂區大家庭。另外在其他月份，本堂為2位成人及10位嬰孩領洗。2019年，堂區大家庭增添94名兄弟姊妹。



慈幼家庭：慶祝鮑聖誕辰暨總會長訪港

2019年是慈幼會雷鳴道和畢少懷兩神父把中華會省開展的慈幼使命奉獻給聖母100周年。慈幼會總會長范達民神父8月11至17日探訪中華會省，會晤青年及慈幼家庭成員。8月16日，他在香港參與會祖誕辰暨會士發願周年慶典。彌撒後，慈幼大家庭在九龍灣展貿中心的煌爵宴會廳筵開80席，歡迎總會長范達民神父訪華及蒞臨香江。聖安多堂有四席的兄弟姊妹參加盛會，包括堂區職員、牧民議會及善會成員、前輔祭會會友和教友，同頌主恩。當



天亦慶祝前本堂主任司鐸劉志剛神父發願白金禧和晉鐸60周年。



教宗2020年世界病人日文告： 願患者在教會內品嚐到基督的寬慰

「凡勞苦和負重擔的，你們都到我跟前來，我要使你們安息。」(瑪11:28)耶穌的這句話貫穿了第28屆世界病人日文告，指示出「恩寵的奧妙之路，給辛勞疲憊的人提供安息」。教宗方濟各在這份文告中表明，病人即為勞苦和負重擔的人，他們吸引耶穌的目光、牽動祂的心。本屆世界病人日於2020年2月11日舉行，文告於元月3日耶穌聖名瞻禮公布。

教宗闡明，「面對苦於自身脆弱及沉痛處境的人，耶穌基督並未把法律強加在他們身上，而是提供祂的慈悲」，也就是祂寬慰人心的臨在。耶穌注視著受傷的人類，接納人的整體，包括他的健康狀況，並「邀請每個人進入祂的生命來體驗溫柔」。耶穌懷有這些情操，是因為「祂親自成了弱小者，體驗了人的痛苦煎熬，並從天父那裡得到安息」。因此，只有親身經歷的人，才懂得安慰他人。

接著，教宗談起各種病苦和「人性匱乏」的情況，鼓勵「採用因人制宜的方式」照顧病患，因為患者不僅可能會身體受損，他的人際關係、智力、情感和靈性幅度恐怕也會陷入困境。病人需要「支持、關懷和愛」，他們的家屬也需要「安慰與關心」。



耶穌在黑暗時刻帶來光明，在沮喪之中送上希望。儘管陷入身心靈的黑夜，萌生不安和困惑，但是病人必能在耶穌身上找到克服這一切的力量，因為「耶穌以祂死而復活的奧跡，使我們擺脫罪惡的壓迫」。病患需要憩息，而教會渴望成為慈善撒瑪黎雅人比喻中的客店(參閱：路10:34)，讓病人能在其中找到基督的恩寵，遇見那些在天主的慈悲中脆弱獲得醫治的人。他們「懂得讓自己的傷疤化為天窗，讓人看見疾病以外的視野，領受生命的光明和氣息」。

在協助病人休憩方面，醫護人員和志工等人的付出至關重要。他們行事專業，讓人感受到基督的臨在，提供慰藉，對病患



盡責，醫治他們的傷口。教宗寫道：「親愛的醫護人員，每個診斷、預防、治療、研究、照護和復康行動的對象都是病人，『人』這個名詞始終先於『病』這個形容詞。因此，你們要不斷維護人的尊嚴和生命，絕不可對安樂死、協助自殺或殺害生命的行徑作出絲毫退讓，即使病情已經無法逆轉也不例外。」

面對醫學可能發生的失敗，教宗勉勵醫護人員「向超性的幅度開放，以領會醫學專業的完整意義」。生命屬於天主，它是神聖不可侵犯的；從出生到死亡，各階段的生命都應當受到接納、保護、尊重和服務。為此，「在某些病例中，良心異議是醫護人員的必要抉擇」。教宗期許醫護人員的專業素養「受到基督徒愛德的鼓舞，能為真正的人權，也就是為生命權作出最佳服務」。



不幸的是，在戰亂中，醫護人員和醫療機構有時成了襲擊目標；在某些地區，政治勢力試圖操縱衛生醫療領域，「使得醫療專業的適當自主權受到限制」。再者，世界上仍有許多窮人無法獲得醫療資源。因此，教宗籲請「世界各國的醫療機構和政府，在考慮經濟層面的同時，切莫忽略社會正義」。「願團結和輔助的原則相結合，同心協力促使人人得以享有充分的醫療資源，以期維護和恢復健康」。



教宗最後向服務病人的志工表達由衷感謝，讚許他們「藉著溫柔又親切的舉動反映出基督的樣貌，宛如慈善的撒瑪黎雅人」。教宗也將「所有背負疾病重擔的人，以及他們的家屬和每位醫護人員都託付給病人之痊聖母瑪利亞」，並為他們祈禱，向他們頒賜宗座降福。

(資料：梵蒂岡新聞網)

主日兒童慕道班 家長分享心聲



A班楊凱琳母親

在現在這充滿壓力及競爭的社會，對小孩的成長過程實在充滿挑戰。

有見及此，本人希望能夠為幼兒及早建立正向價值觀，讓他們在信望愛中成長，為日後面對逆境或挑戰時作好準備。

雖然配偶並非教友，但感恩他的包容，讓我可帶小女參加「主日兒童慕道班」，嘗試透過唱歌、聖經故事及祈禱等，去認識天主。

雖然作為家長，明白到孩子終有一天會長大，心中自會有秘密，那時未必願意與家人分享。但我心裡仍希望讓女兒知道，家人永遠支持她。無論發生任何事，都希望她知道並不孤單，生活總有一扇窗，在乎自己怎樣看。

另外，本人亦感恩自嬰兒能夠成為天主的女兒，並從



小能透過主日學學習道理。

雖然天主在各人身上展現的恩寵不同，但我十分感恩天主在我身上施予恩寵。

最後，感謝主的帶領，於2019年12月22日在影音室舉行聖誕聯歡會。當日活動實在豐富多彩，既有喜樂的慶祝活動，也有大哥哥、大姐姐表演聖誕話劇。聖誕老人騎著的不是鹿仔，而是「哥斯拉」，幼兒興奮雀躍與牠跳舞及拍照。活動尾聲，再與爸爸、媽媽一起享用美食，懷著感恩的心度過這歡樂的一天。



D班俞詩彥爸爸

很高興能與小女詩彥一起參加今年兒童慕道班的聖誕活動。看見小朋友們都很投入，有些一起做十誡操，有些大哥哥、大姐姐更參與話劇扮演耶穌誕生，使我都感受到他們對上主的尊敬及愛戴。

小朋友能從小得到天主的教育，實在是一件幸福的事情，能夠讓他們明白人生的意義及正確的價值。最重要的是能讓他們懂得愛別人及自愛，令他們能融洽地與社會上不同的人相處。

而自從小女領洗之後，很多時都會主動向我講解天主的故事，這也令我感受到上主的愛及對我們一家的恩寵！



B班連晟佑、連雅悠父親

2019年12月22日，星期天，我們如常到聖安多尼堂參加成人及兒童慕道班。在到聖堂的途中，晟佑及雅悠都十分興奮，不停提醒我及媽媽今天是聖誕聯歡會的大日子，想快些到聖安多尼堂與導師及小朋友玩樂，從他們的表情及興奮程度，相信他們十分期待。

每位家長也會為聖誕聯歡會準備部份食物，我們也略盡綿力為小朋友準備了一些零食讓大家開心一番。當到達聖安多尼堂後，我們先去鮑思高室放下食物，再到影音室放下兒子與女兒參與兒童慕道班，



之後我們則要趕往成日慕道班。在上課途中，我太太提醒我好像沒有把餐具給我們的孩子，於是我立即到影音室把餐具交給他們，途中我經過鮑思高室的時候，已看見部份導師很有耐性及細心地平均分配食物，留待各小朋友玩遊戲及看完表演後可以吃東西。



成人慕道班下課後，我們經過聖母像時，看見全部小朋友都很開心地唱歌玩耍，更有導師扮演聖誕老人及恐龍和小朋友們拍照，氣氛十分歡愉。導師更為大家拍大合照，大人及小朋友均樂也融融。隨後導師們帶領小朋友們返回影音室吃聖誕大餐，食物十分豐富，有雞翼、壽司、菠蘿腸仔、咖喱等等……。最後還有聖誕蛋糕，十分美味。

下課後，我們問晟佑及雅悠當天做了什麼，他們說一開始時大家一起祈禱，誦十誡操及玩祈禱傘，之後玩尋找聖誕老人，再有一些大哥哥及大姐姐扮演一些聖經人物去做話劇，以及和聖誕老人及恐龍拍照。晟佑及雅悠說最喜歡就是玩遊戲的時候，而雅悠說當天有很多很美味的食物呢！謝謝兒童慕道班各導師的安排及照顧，讓小朋友有一個快樂的回憶。感謝主！



輔祭會授予祭衣暨派遣禮・聖誕聯歡會



聖若望碧文輔祭會於2019年12月28日諸聖嬰孩節在聖堂舉行授予祭衣暨派遣禮，由神師黃家輝神父主禮。一眾輔祭手捧新祭衣，圍繞祭台，一同參與感恩聖祭。黃神父在講道中提醒各人，輔祭不單在禮儀崗位上不斷學習、求進步，更要在禮儀知識和靈修上不斷更新。輔彌撒不單是服務堂區，更重要是親近天主，成聖自己。講道後，會長吳焯芝推薦一眾輔祭領受祭衣，由黃神父代表堂區接納眾人成為輔祭，並派遣眾人在禮儀中善盡職責。隨後，黃神父祝聖新祭衣，並由

會長和幹事為輔祭穿上。全體輔祭繼而宣發諾言，承諾一旦穿上紅白色祭衣，就當具有犧牲精神和純潔的心，以堪當侍立在祭台旁。

授予祭衣禮後，眾人移步到母佑堂參加聖誕聯歡會。除輔祭外，尚有黃家輝神父、祭衣房鈴姐和多位家長參加。活動包括遊戲、抽獎和大食會，讓輔祭大家庭的成員歡聚一堂，共享聖誕的喜樂。最後，為答謝鈴姐廿多年的教導和照顧，由會長代表向鈴姐送上榮休禮物和祝福。



「鮑思高教坊」：音樂欣賞雜談

聖鮑高慈幼協進會～聖安多尼中心「鮑思高教坊」之音樂欣賞雜談，於1月5日在影音室舉行。資深會士胡偉盛兄弟介紹來自不同國家及時期的作曲家及指揮家之作品。原來很多也是耳熟能詳的樂曲，悠悠樂韻，娓娓動聽。大家以拉丁文聖母經作開始，在聖母媽媽的陪伴下，我們一起度過了一個愉快的下午。



主日學聖誕感恩及聯歡

主日學聖誕感恩祭於2019年12月22日(主日)於馮強禮堂舉行，由黃家輝神父主祭，全體師生和家長約200人參加，其後舉行聯歡會，洋溢著大家庭的溫馨氣氛。

禮儀開始前由導師為學員重溫將臨期的意義，並以燃點將臨環蠟燭為序幕。



黃神父講道時，向學員提問他們名字的意思，當中有年幼的學員十分踴躍答問，並清楚地解釋了父母為他們取名的意義，獲得全場的掌聲，由此神父介紹將臨期第四主日——「厄瑪奴耳」，即主與我們同在的意思，勸勉父母要以身作則，讓其他人在我們身上看到天主。願天主的旨意承行在我們的敬禮、服務和彼此的家庭中。

為培養青少年建樹堂區的才能及積極地服務的精神，主



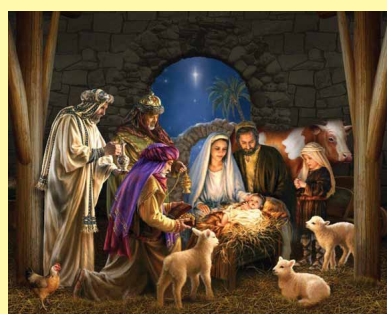
日學的學生獲得導師們的鼓勵及培訓，一同在彌撒中負責讀經、信友禱文及司琴，並由家長奉獻餅酒及協助收奉獻。家長亦十分慷慨地為聯歡會準備豐富的禮物和食物。

聯歡活動的籌備工作亦由初中的小導師們一同策劃，如建立電子報名表，供家長報名。他們都是昔日在主日學成長的學員，學有所成，以愛還愛。學生亦充份發揮天主賜予的才能，表演了唱歌及樂器演奏聖誕歌曲，包括鋼琴、巴松管、小提琴及長笛獨奏，普天同慶。

期望我們的堂區，藉耶穌基督降世的光照，引領更多的家庭及青少年，繼續參與福傳及各種善功，一同學習福音的精神，祈禱歡聚，主內共融！

聖誕感恩祭
子生謝寵
下屈上無
降尊主窮
救在常遍
世馬眷天
人槽顧下
福音

蕭黃小燕題



My Trip to the Holy Land

Annie Hui (Don Bosco Choir)

The first city I visited in Israel was its former capital Tel Aviv. The man at the hostel showed me a map to give me a general idea of the city. I spotted the Old City Jaffa for it was nearby but it took me around 45 minutes to get there by walking. When I arrived, I was just in time for the free tour by the Clock Tower. We walked uphill and the guide pointed to us a door named the House of Simon the Tanner. She went on to elaborate that it was in this house that St Peter had his vision (Acts 10: 10-16) of heaven opened with a great sheet showing all the four-footed animals and reptiles of the earth. I suddenly came to the realization that I was in the Bible city and I could feel the presence of St Peter. This grew more acute when I attended my first Mass in the St. Peter's Church there.

The next day, everything came to a haltit was Sabbath Day. I chose to go to the Great Synagogue. Of course, I didn't understand a thing but I found the Torah quite an interesting book to read. The Jewish were unexpectedly friendly and they invited me to stay and eat with them. It's a great experience! Since no photo was allowed in the synagogue, I asked a Jewish man to take a photo for me when I got outside. To my surprise, he told me that he couldn't because they were forbidden to work on Sabbaths. In the end, he just agreed to have a photo with me.

The Old City of Nazareth gave me great surprise. My hostel was spacious and stylish. Yet I was curious about Jesus' footsteps, so I left my luggage and walked uphill following the orange spots indicating Jesus' footsteps. I had no idea where it was leading to but I knew I was walking with Jesus. I got to the top and I found the Ecole Jesu Adolescent – Don Bosco. I was perplexed that youths there were not Jewish, they were Palestinians.



Candlelight procession at the Basilica of Annunciation Nazareth



Palestinian family met at Bethlehem

To my limited biblical and general knowledge, I always think that the Palestinians were oppressors and terrorists. I was wrong and through this trip to the Holy Land, I gradually came to understand their gentle nature.

I visited the Basilica of the Annunciation and joined their Candlelight Procession on a Saturday night with an Indian friend Stefy. We also decided to walk up Mount

Tabor together the next day. We took a bus to the starting point at around 9 a.m. Stefy told me that she had to hurry because she had to go to Jerusalem at around noon, so she bid me farewell and I was left alone. I climbed up the hill following the signs of the Israeli flag. At first I found the walk quite normal but as I climbed higher, the path got steeper and stonier and the flag harder

to see. Two times I was off my track for I couldn't find the flag. Most of the time, I had to climb with my hands and feet.

When I was at my wit's end, a big stick came into my sight. I immediately grasped it as a walking stick and strived upward confidently. Soon, I found myself at the brink of losing my way again, a local family came to my help and finally, I reached the top of Mount Tabor. My stay was short for I had to rush downhill to get the last bus home at 2 p.m. Luckily, an Africa tour gave a lift. Thanks to God for all the angels!

I visited seven cities in Israel and I found Jericho the most amazing though I only stayed there for two days. I arrived at the hostel in the afternoon and the staff recommended that I should visit the city centre at night time when it was at its busiest. No sooner had I started to walk than a car stopped near me. The man in the car asked me where I was heading for. I told him the city centre and he excitedly told me it was on his way. I got in and we made some exchanges. When he knew that I was from Hong Kong, he poured out that he had been there before and he just loved Hong Kong. I asked him if he was a Palestinian, he replied that he was from Samaria. He stopped at the centre and before I got off, he gave me a name card ensuring that I had to call him if I needed help during my stay in Israel. By Jove, I had met a good Samaritan in Jericho.

The Mount of Temptation is in Jericho and naturally, I made my way up early the next morning. It was quite a climb but it was not so bad. I was shown the big rock where Jesus was tempted by the devil in the Monastery of Temptation. I made my way home and I got lost again but I was unexpectedly calm. I walked past a Palestinian family sitting at the front yard of their house, I entered and asked about the way back to the hostel. They were just warm and hospitable. They invited me for a cup of tea and I accepted without hesitation. They were a family of a brother visiting the family

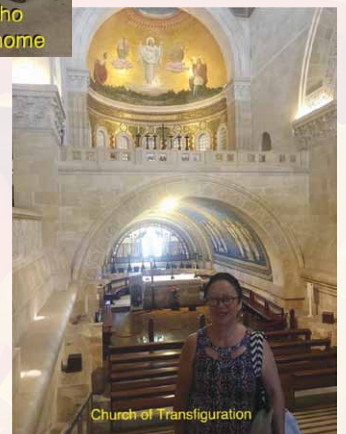


Hospitable Palestinian family who invited me for tea and gave a lift home

of his sister. We talked and took photos and the brother gave me a lift back home. Their generosity was incredible.

My story would go on with unceasing

encounters with friendly people in Israel. I had to be fair. Jewish people were hospitable and friendly but the Palestinians were amazingly warmer and more generous. The 28-day-stay in Israel was wonderful experience for me. I promised myself that I would go back and explore more about the Holy Land.



Church of Transfiguration



African Angels met on mount Tabor



Living Word of God – February 2020



Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Matthew 5:16

Reflection

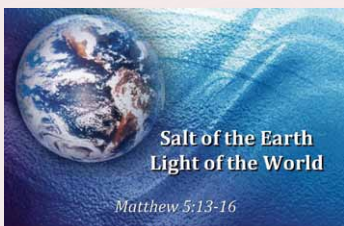
When we, the salt of the world, go flat in our empty words and fail to act

with charity and love, we fumble in the darkness. Light is an important image in Bible for guiding our way in knowing God. Only when we begin to practice agapeic love and obey the commandments shall we walk in light.

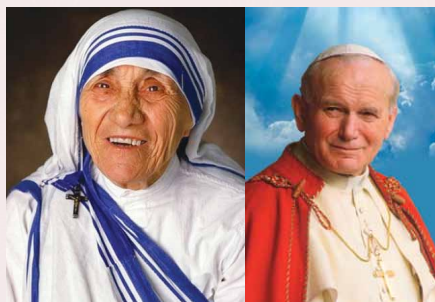
In the Old Testament, God's salvation was often identified with wealth and political triumph. Isaiah took an alternative view and recognized that social peace and harmony means "God is with us". (Isaiah 7:15 paralleled in Matthew 1:23) He forbade Judah King Ahaz from colluding the Assyrian army and prevented a civil war against the people of Israel. (Isaiah 7:13-24)

Today, Christians see the act of liberating people from poverty, sickness, hunger and oppression as an essential element of love in the good Samaritan way. Charity is the friendship of man for God¹; it is an act to love God through our neighbour, a love that God has infused into our soul. Isaiah (58:7-10) urges us to share our bread with the hungry and shelter the oppressed. Through concern and care for people around us, we become the salt of the earth and light of the world.

In our reflection of Matt 5:13-16 Jesus teaches us that we are to be the spiritual light and salt of the world. Where there is darkness, we are to cast light from our faith-filled lives to give meaning to human existence. Our lives will speak to others with truth and lasting values. Through faith we know God; through hope we desire to be with him and trust in him; through charity we come to love for his sake and to love others and ourselves through our love



in him. Faith, hope and charity give meaning to challenges in our lives. These theological virtues encourage us to take on a selfless life and practice love without reservation. They strengthen our Christian behaviour, and allow us to have trust that God never fails.



Fervent people who live faithfully according to the true values have internalized their faith. Saint Mother Teresa and Saint Pope John Paul II are icons of internalized faith.

They do not preach by words, their lives became brightly burning torches and signs which guide us on our way to the heavenly Father. By reflecting the true light of our Lord Jesus Christ in our action of charity, light fills our world with hope and salvation.

Prayer

Almighty God our Father, may your spirit inspire us to become the salt of the earth and light of the world.



Please help us internalize our faith and manifest your love, forgiveness and trust in our own behaviour. Help us bring hope and joy to mend the brokenhearted and console the lives of people in despair. Amen.

¹St. Thomas Aquinas: Summa Theologica, II-II, Q.23, art.1

(Source: Parish Formation Group)

Maranatha

主！快來！

Come, Lord Jesus!

聆聽同行 重燃希望
Accompany and listen,
rekindle hope

接納限制 走出困局
Accept the limitations
and step out of the
quandary

轉化傷痕 迎向新生
The wounds remain,
but embrace new life

相關資訊：

<http://maranatha.catholic.org.hk/>



2020 教區禱文
Diocesan Prayer for the Year

Lord Jesus Christ, You are the Lord of human history, and the King of the universe;
You have promised to return to us to bring to fulfilment the Kingdom of Heaven.
Your promise is our strength and consolation on life's journey.
In times of trouble and helplessness, Your Divine Word inspires us;
In times of sadness and despair, You manifest your own wounds to us;
In times of rejection and division, like a merciful Father, You welcome and embrace us.
Open our eyes to discover Your presence and companionship with us;
Softens our inner hearts, and make us merciful, like the heavenly Father;
Illuminate our way, so that in times of crisis and difficulty, we can strive to move forward without giving up.
With the heavenly Father and the Holy Spirit, You are one God, who live and reign forever and ever. Amen.

Imprimatur:
Cardinal John Tong Hon, Apostolic Administrator



Holy Father's Prayer Intention for February 二月份教宗祈禱意向

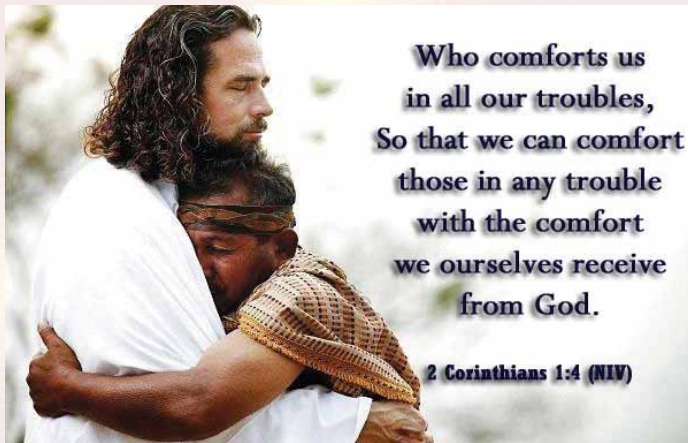
Listen to the Migrants' Cries

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.

為聆聽移民 的呼聲

願眾人聆聽並重視深受販運罪行之害的移民弟兄姊妹的呼聲。





support, they expect care and attention. In a word, love. At the side of every sick person, there is also a family, which itself suffers and is in need of support and comfort.

Dear brothers and sisters who are ill, your sickness makes you in a particular way one of those “who labour and are burdened”, and thus attract the eyes and heart of Jesus. In him, you will find light to brighten your darkest moments and hope to soothe your distress. He urges you: “Come to me”. In him, you will find strength to face all the worries and questions that assail you during this “dark night” of body and soul. Christ did not give us prescriptions, but through his passion, death and resurrection he frees us from the grip of evil.

In your experience of illness, you certainly need a place to find rest. The Church desires to become more and more the “inn” of the Good Samaritan who is Christ (cf. Lk 10:34), that is, a home where you can encounter his grace, which finds expression in closeness, acceptance and relief. In this home, you can meet people who, healed in their frailty by God’s mercy, will help you bear your cross and enable your suffering to give you a new perspective. You will be able to look beyond your illness to a greater horizon of new light and fresh strength for your lives.

A key role in this effort to offer rest and renewal to our sick brothers and sisters is played by healthcare workers: physicians, nurses, medical and administrative professionals, assistants and volunteers. Thanks to their expertise, they can make patients feel the presence of Christ who consoles and cares for the sick, and heals every hurt. Yet they too are men and women with their own frailties and even illnesses. They show how true it is that “once Christ’s comfort and rest is received, we are called in turn to become rest and comfort for our brothers and sisters, with a docile and humble attitude in imitation of the Teacher” (Angelus, 6 July 2014).

Dear healthcare professionals, let us always remember that diagnostic, preventive and therapeutic treatments, research, care and rehabilitation are always in the service of the sick person; indeed the noun “person” takes priority over the adjective “sick”. In your work, may you always strive to promote the dignity and life of each person, and reject any compromise in the direction of euthanasia, assisted suicide or suppression of life, even in the case of terminal illness.

When confronted with the limitations and even failures of medical science before increasingly problematic clinical cases and bleak diagnoses, you are called to be open to the transcendent dimension of your profession that reveals its ultimate meaning. Let us remember that life is sacred and belongs to God;

hence it is inviolable and no one can claim the right to dispose of it freely (cf. *Donum Vitae*, 5; *Evangelium Vitae*, 29-53). Life must be welcomed, protected, respected and served from its beginning to its end: both human reason and faith in God, the author of life, require this. In some cases, conscientious objection becomes a necessary decision if you are to be consistent with your “yes” to life and to the human person. Your professionalism, sustained by Christian charity, will be the best service you can offer for the safeguarding of the truest human right, the right to life. When you can no longer provide a cure, you will still be able to provide care and healing, through gestures and procedures that give comfort and relief to the sick.



Tragically, in some contexts of war and violent conflict, healthcare professionals and the facilities that receive and assist the sick are attacked. In some areas, too, political authorities attempt to manipulate medical care for their own advantage, thus restricting the medical profession’s legitimate autonomy. Yet attacking those who devote themselves to the service of the suffering members of society does not serve the interests of anyone.

On this XXVIII World Day of the Sick, I think of our many brothers and sisters throughout the world who have no access to medical care because they live in poverty. For this reason, I urge healthcare institutions and government leaders throughout the world not to neglect social justice out of a preoccupation for financial concerns. It is my hope that, by joining the principles of solidarity and subsidiarity, efforts will be made to cooperate in ensuring that everyone has access to suitable treatments for preserving and restoring their health. I offer heartfelt thanks to all those volunteers who serve the sick, often compensating for structural shortcomings, while reflecting the image of Christ, the Good Samaritan, by their acts of tender love and closeness.



To the Blessed Virgin Mary, Health of the Sick, I entrust all those who bear the burden of illness, along with their families and all healthcare workers. With the assurance of a remembrance in my prayers, I cordially impart my Apostolic Blessing.





Shepherd Flock's Dialogue



Liturgy activities for the month of February 2020

2nd February The Presentation of the Lord	7th February First Friday of the month Devotion to Sacred Heart of Jesus Mass 8:00pm (Chinese)	9th February 5th Sunday of the Year	16th February 6th Sunday of the Year
19th February Commemoration of All Faithful Departed Mass 6:00pm (Chinese)	23rd February 7th Sunday of the Year	26th February Ash Wednesday – Lent begins Sprinkling of Ashes at daily masses 7:10am, 7:45am, 8:00pm (Chinese)	

Welcome to 11:30am English Mass

Pope Francis' Message

The 28th World Day of the Sick 2020

**"Come to me, all you who labour and are burdened,
and I will give you rest" (Mt 11:28)**

Jesus' words, "Come to me, all you who labour and are burdened, and I will give you rest" (Mt 11:28) point to the mysterious path of grace that is revealed to the simple and gives new strength to those who are weary and tired. These words of Christ express the solidarity of the Son of Man with all those who are hurt and afflicted. How many people suffer in both body and soul! Jesus urges everyone to draw near to him – "Come to me!"

– and he promises them comfort and repose. "When Jesus says this, he has before him the people he meets every day on the streets of Galilee: very many simple people, the poor, the sick, sinners, those who are marginalized by the burden of the law and the oppressive social system... These people always followed him to hear his word, a word that gave hope! Jesus' words always give hope!" (Angelus, 6 July 2014).

On this XXVIII World Day of the Sick on 11 February 2020, Jesus repeats these words to the sick, the oppressed, and the poor. For they realize that they depend entirely on God and, beneath the burden of their trials, stand in need of his healing. Jesus does not make demands of those who endure situations of frailty, suffering and weakness, but offers his mercy and his comforting presence. He looks upon a wounded humanity with eyes that gaze into the heart of each person. That gaze is not one of indifference; rather, it embraces people in their entirety, each person in his or her health condition, discarding no one, but rather inviting everyone to share in his life and to experience his tender love.



Why does Jesus have these feelings? Because he himself became frail, endured human suffering and received comfort from his Father. Indeed, only those who personally experience suffering are then able to comfort others. There are so many kinds of grave suffering: incurable and chronic diseases, psychological diseases, situations calling for rehabilitation or palliative care, numerous forms of disability, children's or geriatric diseases...

At times human warmth is lacking in our approach to these. What is needed is a personalized approach to the sick, not just of curing but also of caring, in view of an integral human healing. In experiencing illness, individuals not only feel threatened in their physical integrity, but also in the relational, intellectual, affective and spiritual dimensions of their lives. For this reason, in addition to therapy and

